



SOUTHERN  
ARKANSAS

## Arkansas Junior Team Tennis Local League Recommendations

### Advise Players to:

- Use headbands, hats, towels or wristbands to avoid touching their faces during play.
- Wash hands often (before / after matches)
- Arrive at the facility close to assigned start time, ready to play, and depart immediately.
- Bring their own water bottles, towels, or any other personal equipment and store them inside their tennis bag when not in use.
- Bring their own chairs and avoid sharing a bench with a teammate and/or opponent.
- Clearly verbalize score at the start of each point and use technology to report scores (email or text).
- Maintain safe physical distance between players during the racquet spin at the start of a match.
- Maintain physical distancing if changing ends of the court.
- Offer an acknowledgment such as a nod, a thumbs up or a “good match” instead of shaking players’ hands.
- Stay home if you are not feeling well or feel sick.

### Other Recommendations:

- Have Team Managers and/or Parents bring hand sanitizer for players to use before and after match play.
- Team Managers should check with the host facility ahead of time for any protocols that may apply at that facility.
- Team Managers should document who is at practices and/or matches in the event contact tracing becomes necessary.
  - The ATA will handle any COVID-19 situations. Team Managers – please let your Local League Coordinator know if a player/another Team Manager/parent has tested positive for the coronavirus. LLC’s should then contact Deanna Garretson at [deanna@arktennis.com](mailto:deanna@arktennis.com), or at (501) 227-7611 / (501) 681-1934.
- See the CDC’s guidelines here -- <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

**Always remember to social distance and keep 6 ft apart!**