

DAVE MASSIE

208-370-3487



Sports Specific
Weight Training
Strength & Conditioning
Core Stability
Health & Wellbeing

massfit@boisetennis.com

Session Costs:

- 1 hour/private—member \$60.00 / guest \$70.00
- 30 min/private - member \$35.00 / guest \$45.00
- 1 hour (2 people) - member \$38.00 / guest \$48.00
- 30 min/2 people - member \$22.00 / guest \$32.00
- 30 min/3 people - member \$15.00 / guest \$25.00



Preferred training prices & packages are available.

Contact Dave at 208-370-3487 or by email at massfit@boisetennis.com

1116 N. Cole Rd., Boise, Id 83704 / 208-376-1052
www.boisetennis.com / brsc@boisetennis.com