

# PERSONAL TRAINER

# DAVE MASSIE



*Sports Specific, Weight Training  
Strength & Conditioning  
Core Stability, Health & Wellbeing*

Contact Dave at 208-863-4818 or  
Email at [massfit@boisetennis.com](mailto:massfit@boisetennis.com) to schedule



## *Individual Pricing*

Private (1):	30 minutes	Cost: \$35 (member)	\$45 (non member)
	1 hour	Cost: \$60 (member)	\$70 (non member)
Semi-Private (2):	30 minutes	Cost: \$22 (member)	\$32 (non member)
	1 hour	Cost: \$38 (member)	\$48 (non member)
Group of 3 or 4:	30 minutes	Cost: \$15 (member)	\$25 (non member)
	1 hour	Cost: \$25 (member)	\$35 (non member)

## *5 Session Packages*

Private (1):	5- 30 minutes	Cost: \$157.50 (member)	\$207.50 (non member)
	5- 1 hour	Cost: \$270 (member)	\$320 (non member)
Semi-Private (2):	5- 30 minutes	Cost: \$99 (member)	\$149 (non member)
	5- 1 hour	Cost: \$171 (member)	\$ 221 (non member)
Group of 3 or 4:	5- 30 minutes	Cost: \$67.50 (member)	\$117.50 (non member)
	5- 1 hour	Cost: \$112.50 (member)	\$162.50 (non member)

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