

# BRSC Lap Swim



**BRSC is excited to introduce morning Lap Swim!**

Lap Swimming is a very popular form of aerobic exercise and is a wonderful way to help meet your fitness goals.

**Come swim with us today!**

**Season: June 15th– TBD**

**Monday - Friday**

**6am - 7am**

**7am - 8am**

## Fees:

**BRSC Members: Free  
(included in membership)**

**Non Members: \$5 per hour**

## Reserve your spot today!

Members may reserve ahead of time and Non-Members may reserve the day before or day of based on availability.

Times may be booked for one hour, 6am to 7am and/or 7am to 8am.



## Boise Racquet and Swim Club

1116 N. Cole Road  
Boise, ID 83704  
Phone: 208-376-1052  
Email: [pool@boisetennis.com](mailto:pool@boisetennis.com)

**Please note that this program is intended for Lap Swimming only.  
Any other type of open swim or play is NOT permitted.  
Please practice social distancing and follow all CDC guidelines.**