

Reach Your Next Level

Paramount Junior Program Academy 2023-2024

is designed to develop and challenge all juniors from young beginners to advanced players. Programs are marked by personal attention and flexible programming that foster a love of the game and good sportsmanship. All sessions are stimulating, exciting and designed to accommodate the serious, dedicated tennis player, as well as the relaxed recreational player. We are specifically committed to building the complete player through emphasis on the fundamentals, footwork, drills, competition and a lot of fun!



Session Dates 2022-2023

NEW 9 WEEK SESSIONS

► SESSION I: 8/14/23 – 10/15/23

(Monday classes – no Labor Day)

► SESSION II: 10/16/23 – 12/17/23

(Thursday classes – no Thanksgiving Day)

Christmas Break: Paramount will be running a combination of daily camps, junior match play and mini tournaments over the the holiday

► SESSION III: 1/2/24 – 3/3/24

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► SESSION IV: 3/4/24 – 5/5/24

(Sunday classes – no Easter 3/31/24)

► SESSION V: 5/6/24 – 6/16/24

(6 week session only)



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Paramount Tennis Club - Westlake

31550 Viking Parkway, Westlake, OH 44145

Phone: 440.250.9081

www.westlake.paramounttennisclub.com

There are no refunds for missed classes. Participants may make up the class within the given 6 week session. For those who are unable to commit to the entire session, we will charge a "drop in" rate of \$5.00 per hour over the regular rate. Drop-in rates apply for those who do not participate in a full session.



NEW CLASSES *Junior* TENNIS PROGRAM 2023-2024



DEVELOP AND CHALLENGE ALL JUNIORS
FROM YOUNG BEGINNERS TO ADVANCED PLAYERS

Program Session Dates



Holiday/Special Event Camps 2023-2024

NEOEA DAY: JMP FRIDAY 10/13/23

POST THANKSGIVING JMP: FRIDAY 11/24/23 11-12:30pm

CHRISTMAS AND NEW YEARS HOLIDAY ACTIVITIES: look for days/times for drills, JMP and/or mini tournaments

MLK DAY JMP: Monday 1/15/24

PRESIDENT'S DAY JMP: Monday 2/19/24

Rising Stars Class Designed to create a fun environment in which the players can learn basic hand-eye coordination, including bouncing and catching the ball. We will introduce proper technique on the strokes and introduce fitness exercises to improve footwork. We use smaller courts and foam/low compression balls.

MONDAYS 3:30-4:30PM

WEDNESDAYS 3:30-4PM

SATURDAYS 10:30-11AM

Cost: ½ hour class: \$99.00/members or \$121.50/nonmembers for 9 week session
1 hour class: \$198.00/members or \$243.00/nonmembers

Aces Class Designed to teach knowledge of the basic strokes by creating an environment in which your child will learn and have fun. Your child will further develop hand eye coordination and learn the fundamentals of grips, strokes and footwork. Your junior will begin to learn about court positioning and rallying while using orange balls that are low compression balls.

MONDAYS 4:30-6:00PM

SATURDAYS 11:00AM-12:30PM

Cost: \$297.00/members or \$354.50/nonmembers for 9 week session

Topspinners Class Designed for the player who is beginning match play. The class will emphasize building confidence in strokes, hitting for direction and shot selection. Instructors emphasize extended rallying skills and match strategy through games and live ball drilling. Point and set play will occur regularly as well with green dot balls.

WEDNESDAYS 4:00-6:00PM

SATURDAYS 12:30-2:30PM

Cost: \$346.00/members or \$486.00/nonmembers for 9 week session

Jammers Class Ideal for the junior player beginning/intermediate level that is looking to try out for their high school team and learn the basics. Instructors will teach the proper technique on the strokes, grips and footwork.

WEDNESDAYS 4:00-6:00PM

FRIDAYS 4:00-6:00PM

Cost: \$396.00/members or \$486.00/nonmembers for 9 week session

Alley Cats Designed for the player that has surpassed their level of play of Topspinners yet are not quite at the experience level of Lobsters class. Continued point play and set play focused on hitting direction and shot selection.

TUESDAYS 4:00-6:00PM

THURSDAYS 4:00-6:00PM

Cost: \$396.00/members or \$486.00/nonmembers for 9 week session

Lobsters Designed for the player who wants to begin tournaments and play on their high school tennis team. Instructors emphasize tournament preparation using drills, situational play and mental toughness training. These players have made a commitment to tennis and are eager to continue to improve their game through league and tournament match play.

THURSDAYS 4:00-6:00PM

SUNDAYS 12:00-2:00PM

Cost: \$396.00/members or \$486.00/nonmembers for 9 week session

Racqueteers For the competitive junior player who has made significant improvements and wants to experience a more competitive atmosphere. Players are expected to participate in tournaments. Players will work on their physical conditioning to help improve endurance, strength and flexibility. Intensive drills and match play are also used to reinforce solid stroke foundation.

TUESDAYS 4:00-6:00PM

FRIDAYS 4:00-6:00PM

Cost: \$396.00/members or \$486.00/nonmembers for 9 week session

Top Gun This class is by invitation only from Todd Ashdown, the tennis director. This class is for the junior who has made a commitment to tennis. The player plays tournaments more frequently and plays 3-4 times a week. Focus is on point play, mental and physical training. Shot selection, working the point with patience and discipline are emphasized. Sign up is weekly by calling the front desk or signing up in person.

FRIDAYS 4:00-6:00PM **ONLY TOP GUN HAS A PER CLASS SIGN UP.

Cost: \$45.00/members or \$55.00/nonmembers

Junior Match Play Challengers Smashers, Qualifiers, Satellites and Tournament Training students are encouraged to practice drill techniques with supervised match play weekly. Sign-ups are required and is for members only. Contacts: Co-Director, Zach Long, at zlong@paramounttennisclub.com Co-Director, Mark Merchant at mmerchant@paramounttennisclub.com

Sunday, 2:00-3:30 PM

Junior Memberships Junior Memberships \$175.00 + tax, Junior Match Play, 10% off Pro Shop merchandise, excluding racquets.



Junior Interclub match play against other teams in the area. Format will be 5 courts consisting of singles, doubles and mixed. Days of play, time and specific dates to be announced—look for updates posted by the Paramount staff. Top Spinners, Jammers, Alley Cats, Racqueteers and Lobsters are eligible. Please contact Co-Junior Director Mark Merchant: mmerchant@paramounttennisclub.com.