## Memberships

Junior (age 11+) \$175 per year Junior (Age 10 and under) \$100 per year Family (spouse & dependents) \$375 per year

Multi-week classes are billed at the beginning of each session. Paramount Tennis Club does not issue refunds or credits for missed classes. Makeups are limited to one class within the current session if space is available.

10% Discount when you sign-up for junior clinics more than once a week. Member only benefit.

We recommend that juniors sign up and participate in the entire session of junior classes which promotes better class management and insures proper instructor/student ratio.

Drop-in classes are available for advance beginner classes and higher-level classes. Must call in advance to see availability for class.

## **Private Lesson Rates**

One Hour Private lessons – (rates may vary depending on instructor)

Time	Nonmember Rate	Member Ra
1 Hour	\$91	\$83
.5 Hour	\$53	\$45

Group One Hour Private lessons (Pricing is based per person. Rates vary depending on instructor)

	Nonmember Rate	Member Rate
2 People	\$53	\$45
3 People	\$43	\$35
4 People	\$38	\$30



# Tennis Professionals



Jordan Helderman, Director of Juniors jhelderman@paramounttennisclub.com

Shaun Keenan, Director of Tennis skeenan@paramounttennisclub.com

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For registration please contact Beth Olivier at bolivier@paramounttennisclub.com

## Connect



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Where players are paramount

# PARAMOUNT TENNIS CLUB



# Junior Tennis Membership Brochure



## **BEGINNER LEVEL CLASSES**

## 36er's (ages 3-6)

36er's is designed to create a fun environment in which children can learn basic hand-eye coordination, bouncing, catching and moving. We will teach the correct grips, the proper technique on strokes and introduce fitness exercises to improve footwork. We use a smaller court and low compression balls.

Friday 4:15pm-5pm



### Aces Red (ages 7-12)

This class is designed to teach knowledge of basic strokes by creating an environment where children will learn and have fun. Your child will further develop basic hand eye coordination and learn fundamentals of grips, strokes and footwork. Your junior will begin to learn about court positioning and rallying using low compression balls and a smaller court.



## Teen USA (ages 13-18)

For the 13-18 year-old beginner who wants to learn but has never played. All the basics will be taught during this structured class: strokes, scoring, playing points and matches. Participants are limited to 3 sessions of this class before moving on to one of our other classes.

Monday 4pm-5pm Friday 4pm-5pm Saturday 9:30am-10:30am



## ADVANCED BEGINNER CLASSES

#### Aces Orange

This program is designed for the young players to continue the learn the basics skills needed to play the game of tennis. This class plays on a 60ft court using orange balls. The fundamentals of grips, strokes and footwork will be refined and reinforced. Instructors emphasize technique and introduce rallying skills through drills and games. Your child will learn more about court positioning, shot placements, basic strategies and simple match

Tuesday 5pm-6:30pm Wednesday 6pm-7:30pm Thursday 6pm-7:30pm Saturdays 10:30am-12pm



#### Aces Green

This program is designed to promote the child's development to a higher level with more match and point play. Skills will be practiced and refined so that the child can be competitive during actual match play. Tennis fundamentals such as grips, strokes and footwork will be reinforced and continue to develop. Instructors emphasize technique and introduce rallying skills through drills and games. Your child will learn more about court positioning, shot placement, basic strategies and scoring. The class is taught on a 78ft court and uses green dot balls.



Tuesday 5pm-6:30pm Wednesday 6pm-7:30pm Thursday 4:30pm-6pm Saturdays 10:30am-12pm

## INTERMEDIATE LEVEL CLASSES

#### Competitive

This program is designed for the junior player who wants to begin playing with the USTA tournaments, play on their highschool team or simply train to make tennis their sport. The junior in this level of training may want to play more tennis but has other interests that keep them from a full-time commitment. Instructors emphasize match and tournament preparation using drills, situational play and mental toughness.

Wednesday 4pm-6pm Friday 4pm-6pm Saturdays 12pm-2pr



#### **Futures**

This program is designed for players under the age of 13, with a higher level of commitment. It will prepare players for high school tennis and help participants improve tactics and consistency. The class is focused on establishing strong stroke fundamentals and tennis-specific movement. the program will be taught using drills, strategy, tactics and situational play getting the players ready to compete at a high school level, local tournaments or USTA

Tuesday 4pm-6pm Thursday 4pm-6pm Saturdays 12pm-2pm

## **ADVANCED LEVEL CLASSES**

#### Sectional Team

Ideal for the tournament & varsity high school tennis player who has made the commitment to strive for a district ranking and is willing to work at a high level. A junior in this program may not have achieved their desired ranking yet but is willing to put in the time and effort. This class works on advanced stroke production, technique, footwork, conditioning, strategy and match play skills. Juniors are expected to commit to two days a week and are encouraged to participate in match play.

Tuesday 4pm-6pm Wednesdays 4pm-6pm Thursday 4pm-6pm Saturdays 2pm-4pm



#### **National Team**

Designed for the junior who has made a total commitment to tennis. Players are expected to maintain a high level of intensity, to compete in USTA tournaments and to pursue district and sectional rankings. Our experienced tennis coaches will work diligently to access each players full potential, focus and consistency. Players will work on their physical conditioning to help improve endurance, strength and flexibility. Intensive drills and match play are also used to reinforce solid stroke foundations and achieve positive results. Players are expected to commit to training twice a week and are encouraged to participate in match play.



